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28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov



| WEEK THREE | FAVOURITES MONDAY | WORLD TUESDAY | ROAST WEDNESDAY | PIZZA PARTY THURSDAY | FISH FRIDAY |
|----------------------|--|--|--|--|--|
| Yellow Option | Sweet & Sour Chicken Meatballs & Sunny Rice  | Beef Lasagne & Garlic Bread  | Roast Chicken, Gravy, Stuffing & Roast Potatoes | Margherita Pizza & Tomato Pasta Salad  | MSC Fish Fingers & Chips |
| Blue Option | Sweet & Sour Veggie Meatballs & Sunny Rice ^{VG}   | Vegetable Lasagne & Garlic Bread   | Quorn Grill, Gravy, Stuffing & Roast Potatoes  | Cheese Flan & Home-baked Potato Wedges | Cheese & Onion Puff Pastry Roll |
| Green Option | Ham | Cheese | Tuna | Cheese | Ham |
| Red Option | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   |
| Vegetables | British Red Tractor Garden Peas, Baked Beans  | Broccoli, Cauliflower & Carrots  | Broccoli, Carrots & Sweetcorn  | British Red Tractor Garden Peas or Sliced Carrots  | British Red Tractor Garden Peas, Baked Beans  |
| Dessert | Strawberry Mousse & Fruit Slices  | Chocolate Cookie & Orange Wedges ^{VG}  | Vanilla Cupcake | Chocolate Crunch 'Concrete' ^{VG} & Chocolate Sauce | Homemade Jam Sponge & Custard |

Available Daily

Salad Bar, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.