

Year 3
PSHE Knowledge Organiser – RSE

Key Enquiry Questions:	
What are the names of the different parts of the body?	<ul style="list-style-type: none"> • Children are able to give a list of the main external parts of male and female bodies and may use some scientific names for these. • Children are able to use the scientific terms penis, testicles, breast and vagina and explain which parts are male and which are female.
What can my body do?	<ul style="list-style-type: none"> • Children are able to give several examples of the capabilities of their own bodies.
How can I keep myself clean, and why is it important?	<ul style="list-style-type: none"> • Children are able to describe familiar hygiene routines such as brushing teeth and washing hair, and understand the reasons for doing these things. • Children are able to look forward to new areas of responsibility for their personal hygiene. • Children are able to explain how common illnesses such as colds or tummy bugs are spread and be able to describe how they can prevent the spread of one such illness.

Key Vocabulary	
body	The physical structure, including the bones, flesh, and organs, of a person or an animal.
hygiene	Conditions or practices conducive to maintaining health and preventing disease, especially through cleanliness.
responsibility	The opportunity or ability to act independently and take decisions without authorisation.
illness	A disease or period of sickness affecting the body or mind.
spread	Distribute or disperse (something) over an area.
prevention	The action of stopping something from happening or arising.

Unit Information
When delivering RSE units of work, teachers are often concerned by the reactions and role of parents. Good RSE is about working in partnership with parents/carers and ensuring they are involved and supportive of the school's aims