

Year 4
PSHE Knowledge Organiser - Personal Safety, RSE

Key Enquiry Questions:	
What and who keeps me safe?	<ul style="list-style-type: none"> • Children will begin to learn and understand the importance of safety rules and who and when to tell. • Children will identify those people who they trust, and this will be used to develop a Network of Support.
How can I tell if I feel safe?	<ul style="list-style-type: none"> • Children will be able to assess how safe they feel in the school and grounds. • They will learn about their sixth sense and how to use their senses to help keep themselves safer.
What is acceptable – how do I know when and who to tell if I have experienced something I am unhappy with?	<ul style="list-style-type: none"> • Children will be able to identify and name body parts, including the genital areas and describe the difference between ‘yes’ and ‘no’ touches. • They will be able to describe ‘good’ and ‘bad’ secrets and tricks and be able to demonstrate that they know when to tell, if a secret or trick could hurt someone. • They will demonstrate that they can assess different levels of risk, including problem solving. • They can demonstrate that they can use their voice and body language to help keep themselves safer.
How do humans grow and change?	<ul style="list-style-type: none"> • Children will consider the human life cycle in more detail.
What are the responsibilities around caring for babies and children?	<ul style="list-style-type: none"> • Children will look at their responsibilities and the responsibilities parents and carers have for babies and children.

Key Vocabulary	
trust	Firm belief in the reliability, truth or ability of someone or something.
safe	Protected from or not exposed to danger or risk; not likely to be harmed or lost.
secret	Not known or seen, or not meant to be known or seen, by others.
risk	A situation involving exposure to danger.
life cycle	The series of changes in the life of an organism including reproduction.
responsibility	A moral obligation to behave correctly towards or in respect of.

Unit Information
<p>It is important to teach children Personal Safety as this will empower them to be able to lead safer lives by learning how to make safer choices and identifying people who they trust and can talk to if they have a worry or a ‘no’ or ‘I’m not sure’ feeling.</p> <p>While there are obvious science curriculum links to be utilised, Relationships and Sex Education is embedded within the PSHE framework, reflecting the importance of the personal and social aspects of this work.</p>